



Shelby County Health Department

Public Health
Prevent. Promote. Protect.

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Director's Preamble

We **all** must do our part to help the hospital, businesses, and citizens of Shelby County. If we continue not to follow these recommendations, our cases of coronavirus will continue to escalate. If that happens, there will be more restrictions to businesses in our community, which in turn will have a domino effect to all our citizens young and old alike. Business may be restricted or will have to close; workers will be laid off or have their hours greatly reduced. These workers rely on these businesses to make car payments, rent payments, and to feed their children.

Let us do our part and wear masks, socially distance 6 feet and wash your hands, stay home if sick and sanitize regularly. Remember Shelby County's Health is yours.

Robert Lewis, Director Shelby County Health Department

SHELBY COUNTY HEALTH DEPARTMENT CONFIRMS COUNTY WIDE UPDATES

SHELBYVILLE—Shelby County Health Department announced today the following recommendations and that they remain in place effective Sunday, November 15, 2020 until Shelby County is no longer in the “Orange” category as classified by the Indiana State Department of Health. If we reach the “Red” Category, then additional recommendations and time may be added, as necessary.

1. Employee exposures: Unless absolutely essential for the health, safety and welfare, employees who are exposed (exposure definition: within 6 feet of a confirmed COVID positive patient for greater than 15 cumulative minutes, in a day, regardless of wearing a mask and regardless of whether they have symptoms), should be quarantined for 14 days.
2. Masks: Shelby County should follow and enforce the Governor's mask mandate in all public places and strongly encourage mask wearing in non-public locations.
3. Shelby County Schools: It is the recommendation of Indiana State Department of Health (ISDH) that schools remain in person as long as they can. The data shows that schools are the safest place for children to be and that they are getting infected outside of school and not while participating in-person learning. ISDH also noted that schools play a critical role in children's mental health, food insecurity, racial and social inequities, and child and adolescent development and well-being.

ISDH update: Essential Critical Infrastructure Workers in non-Healthcare sectors may return to work after an exposure to SARS-CoV-2, provided they remain asymptomatic and follow certain precautions. Education is included in the Essential Critical Infrastructure Workers in the Non-Healthcare Sector.

If schools cannot effectively staff for in-person instruction, the recommendation is to follow the ISDH guidelines allowing employees who have been exposed to someone that is positive for COVID-19 to continue to work as long as they remain asymptomatic and follow the procedures prior to work daily.

- Prescreen daily (check temperature daily and monitor for symptoms)
- Regular monitoring for symptoms daily and throughout the day.
- Wear a mask
- Social distancing
- Cleaning and disinfection of workspaces

If the exposed individual develops symptoms, he/she will need to remain at home or leave work immediately and get tested.

If a positive test result is received, whether symptomatic or asymptomatic, the individual will need to quarantine for at least 10 days.

See criteria for positive and negative test result for an individual that has been exposed to someone that is infected with SARS-CoV-2.

Positive test result:

Symptomatic individuals with positive test result will isolate until:

- 10 days have passed since symptom onset AND
- at least 24 hours have passed since resolution of fever without the use of fever-reducing medications AND
- other symptoms have improved

Asymptomatic individuals with positive test result, will isolate until:

- 10 days after the collection date of the first positive RT-PCR test.

Negative test result (rapid test not accepted):

Symptomatic individuals with negative test result will isolate until:

- at least 24 hours have passed since resolution of fever without the use of fever-reducing medications AND
- other symptoms have improved
- upon return all protocols as outline above will be followed

4. Limited attendance: No event, venue or business should have more than a total of 50 attendees unless their plan has been submitted and approved by the Shelby County Health Department.

It is further recommended to adopt and enforce the Governor's new restrictions and for those to remain in place until Shelby County exits the "orange" category as defined by the Indiana State Department of Health. Those restrictions include: (and are subject to change)

- Businesses are required to notify patrons that face coverings are required, and customers in restaurants, bars and nightclubs must be spaced 6 feet apart.
- Attendance at indoor K-12 extracurricular and co-curricular events, including IHSAA sports, will be limited to 25% capacity. Non-participants will be required to wear face coverings at all times.
- Community recreation sports leagues and tournaments may continue, with attendance limited to participants, required personnel and parents and guardians.
- Hospitals and long-term care facilities may impose limitations on visitation.
- Churches and other houses of worship are exempt from the restrictions.

Visit the Indiana State Department of Health's COVID-19 website at <https://coronavirus.IN.gov> for more information, including frequently asked questions about COVID-19.